

Spring 2012



Humane Society A.L.L. E-newsletter

**We are located at 128 C Big Hill Avenue
in Richmond** (just below WYCO - The Coyote Radio Station).

ADOPTION DAYS
Saturdays, 12- 5 PM

The Humane Society Animal League for Life of Madison County is a 501(c)3 non-profit, no-kill organization. Your donations are greatly appreciated and are tax-deductible!

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Watch us

GO GREEN at our adoption center! Thanks to ECU students in the Environmental Education Program, we have a new energy-efficient washer and dryer and new windows! The Earth Force Group so generously chose The Humane Society A.L.L. as their grant recipient. They also placed signs reminding our volunteers to wash in cold water, only wash when the machine is full, and to turn off lights!

By helping us save money on our energy costs, we will in turn have more funds available to help our pets awaiting adoption.

We also are helping the EARTH by **Going Green!**

Thank you so much to our good friends at ECU!

THESE BIRTHDAY GIRLS ARE A HIT AT HSALL!

The HSALL Adoption Center was the proud host of Haley Dobrzynski's 12th birthday party. Haley and 7 friends from B. Michael Caudill Middle School enjoyed the afternoon by helping our volunteers care for the cats and dogs. They walked the dogs, held the cats and gave them all lots of loving and treats. In lieu of presents, Haley asked that her friends bring supplies for the Humane Society. They brought us blankets, treats, dog and cat food, chew toys, balls, pet play sets, rawhides and bowls for every size pet.

Haley also created handmade bracelets and sold them to make money for HSALL. She donated all of her profits, which were \$50.00! Afterwards, the girls all celebrated Haley's birthday with an overnight party at her house.



Haley and her birthday party donations. One of our kittens is really enjoying Haley's attention!

Another generous birthday girl, Avery, celebrated her 8th birthday by surprising US! She wanted supplies for the animals at our adoption center instead of birthday gifts for herself. She and her friends came by on a Saturday night and brought us a wonderful assortment of pet supplies. They spent time visiting with some of the animals. What a wonderful and selfless gift from the birthday girl!

Both of these birthday girls showed true heart and generosity. All we can say is THANK YOU SO MUCH!!!! Our happy pets give a bark and a meow in agreement! (A big thank you to the parents, too, for raising such great kids!)



Avery with her surprise gifts for the Humane Society A.L.L.



Thanks to Our Fiesta Bowl Chili Supper Sponsors!

**Catering by Ann
Davis Law, P.S.C.
Dazzling Dogs Pet Spa
Dr. David Coleman, O.D.
Hairmasters Salon & Spa
Jade Enterprises
Leda Tilton
Madison County Sheriff - Jerry R. Combs
Motor Wheel CVS
People's Bank of Madison County
Pepsi-Cola
Red Wing Chimney Service
The Kitty, Inc.**



Volunteers Needed Immediately to help the HSALL maintain the Petsmart Cat Habitat at the Richmond Centre. Requirements: Must be at least 16 years old, love cats and have about 2 hours of time one evening a week to donate. Other rewarding volunteer opportunities available also. Please call Cassandra (HSALL/ Petsmart Volunteer Coordinator) at 859-358-6255 if you would like to get involved, learn more, and help our cats as they await forever homes. Thank You!!



We Are In **NEED OF KITTY LITTER**. Please drop off donations at the Adoption Center on Saturdays from 12-5 or contact us to make other arrangements. Our kitties thank you!



Humane Society's Wish List

Dry and canned cat food, kitten food
 Kitty litter
 Dry dog food, puppy food
 Dog and Cat toys and treats
 Stainless steel dog and cat food bowls
 Dog and Cat collars and leashes
 Plastic pet carriers in all sizes
 Wire dog kennels in all sizes
 Puppy training pads
 Washable cat and dog beds
 Live trap cages (Have-a-Heart style) to catch strays
 Litter pans and litter scoops
 Kitten and puppy milk replacement formula
 Used, clean bath towels, sheets, scatter rugs or blankets for bedding

Medical Supplies:

Flea treatments (Frontline, Revolution or Advantage only) for dogs and cats
 Heartworm prevention pills for dogs
 Terramycin eye ointment
 Ear cleansers
 Small heating pads
 Cotton balls

Cleaning Supplies:

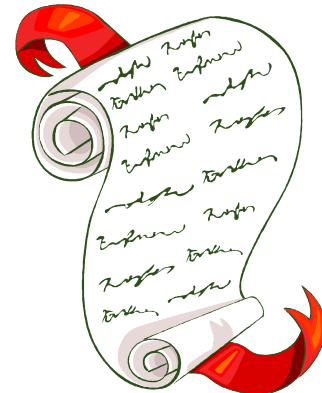
Paper towels
 Bleach
 Ammonia free glass cleaner
 Lysol 3-1 liquid cleaner
 Scented candles
 Liquid laundry detergent
 Garbage bags any size
 Liquid hand sanitizer
 Liquid hand soap

Office supplies

Copy/printer paper
 Mostly any office supplies or organizers
 Used, working digital cameras and laptop computers

OTHER

Foster families
 Volunteers
 Gift cards to Walmart, Kroger, Meijer, Lowes, etc.
 Monetary donations for veterinary bills



From Dr. Oz “The Pet Prescription” *re. The Health Benefits of Pets*

1.Reduced Risk of Allergies, Asthma, and Eczema

People with allergies produce antibodies—which can cause inflammation in the airways (asthma) or the skin (eczema)—in response to irritants like dander and saliva. But exposure to a pet during infancy may mean less chance of developing such reactions in adulthood—possibly, scientists speculate, because the immune system becomes desensitized to allergens. What's more impressive is that this immune-stabilizing effect appears to begin before birth. A 2008 study showed that prenatal pet exposure lowers allergic antibody production in the umbilical cord.

2. Lower Blood Pressure.

The simple act of petting an animal—or even gazing at an aquarium—results in a drop in blood pressure. And pets can have a longer-term impact on the cardiovascular system, too, as researchers discovered when they tracked 24 hypertensive stockbrokers who adopted a cat or dog. Pet ownership blunted the blood pressure response to mental stress; the traditionally prescribed hypertension drug did not.

3. A Stronger Heart.

Researchers who followed 369 heart attack survivors in the landmark Cardiac Arrhythmia Suppression Trial found that dog owners had only a 1 percent chance of dying within a year, compared with a 7 percent chance for subjects who didn't have a dog. A newer study, from 2009, found that people who had owned a cat at some point in their lives were 37 percent less likely to die of a heart attack than those who hadn't.

4. Improved Fitness.

A 2011 study published in the *Journal of Physical Activity & Health* revealed that dog owners were 34 percent more likely to complete the recommended minimum 150 minutes of exercise per week. Other research has shown that dog owners walk 19 more minutes a week on average, and that having a family dog increases physical activity among adolescents (a key finding as childhood obesity reaches epidemic proportions).

5. Greater Calm for Alzheimer's Patients

And for their families. Much of the burden of this disease (which afflicts one in eight people 65 and older) falls on patients' relatives, and I've seen it crush the spirit of even the most loving caretakers. But studies have revealed that Alzheimer's patients have fewer anxious outbursts if an animal is present, and research shows that caregivers can feel less burdened as well, especially if the animal is a cat (perhaps because cats require little additional care).

A study published in the *Western Journal of Nursing Research* found that even pet fish can help by facilitating healthy weight gain among Alzheimer's patients, who often suffer from a lack of adequate nutrition. In the presence of an aquarium, patients who paced tended to sit still longer, while patients who were typically lethargic became more attentive. Both effects led to better eating at mealtimes.

Not everybody can bring home a furry or aquatic friend, of course. But if life circumstances (like long hours or a persnickety landlord) keep you from owning a pet, you can still experience the health perks of animals by volunteering with rescues in dire need of affection. Go to petfinder.com to look up shelters near you.

To read more, go to Oprah.com website and type in the following web address, or Google “Dr. Oz pet on Oprah.com

<http://www.oprah.com/spirit/Pets-and-Health-Benefits-Why-Keeping-A-Pet-is-Good-For-You/>

A special “Thank You” to Dr, Oz and Oprah for this article!



Can We Love Our Pets TOO MUCH?

by Kammy Popiwczak

Normally, I would have emphatically answered the above question with a resounding “NO!” Of course not. No pet can get too much love. Or can they....?

It was while I was sitting in my vet’s waiting room that I began to reflect on this question. Why? Maybe it had something to do with the 40-something woman struggling to get her extremely obese dog into the office. I watched in amusement, then dismay, as I realized the extent of the dog’s health.

The dog in question had to be extremely old, I thought. After all, it could not carry its own body weight. Its belly dragged on the floor. Its legs could not be seen under the overflowing belly. I had to ask the dog’s age. The owner responded, “Two.”

TWO? How can a two year old dog get so morbidly obese in such a short amount of time? It was then that I observed the owner more closely. She managed to get the dog onto a chair (how she did it is beyond me!) She kept kissy-facing with the dog, basically reinforcing the dog’s shivering all the more. Over and over she praised the dog, kissing the dog, etc.

Then it struck me. Wow– she loves the dog TOO MUCH! Constant feeding, treats, not letting the dog walk but carrying the dog everywhere are all leading up to its early death. Instead of letting the dog be a dog, it has taken over as a child in her mind. Even that philosophy, however, is flawed as no child should be loved to the extent of morbid obesity.

I realize that the dog probably will not make it to age three. In a world full of animal abuse and neglect, here is the extreme opposite. The end result will be devastating to the woman. In her mind, she is doing the right thing. In my mind, it is the dog’s death sentence.

After our vet visit, I hugged my dog a little tighter, told her I loved her and gave her a kiss. I then made sure I measured her food a little more accurately that night and every night since.

Our Featured Adoptable Dog “Rocky”



Rocky is a German Shepherd Mix that is 4 years old as of August 2011. Rocky was adopted from a kill shelter when he was a puppy and thrown in the back yard with no attention, with only his dog house as a play toy. After 4 years, he was not neutered, had no vetting what so ever, and ended up with a family that was getting divorced.

This poor dog was headed back to the same kill shelter he was adopted from as a puppy. With the help of volunteers, we got Rocky into his first ever real home. Rocky is now experiencing what a real family feels like; the comfort of a nice warm bed, steady meals, toys, and a some attention. All this boy needs is a permanent loving home he can call his own.

Rocky is working on basic obedience and is doing very well. He is doing great with leash training and house training as well. Who said you can't teach old dogs new tricks? Rocky does suffer from a small case of separation anxiety. We are working on crate training and he is doing okay, but we have discovered that the majority of his anxiety takes place during the night. Rocky would be great with a family that has kids and other animals. He is super sweet and smart. He will need someone that is willing to continue working with him and will allow him to be a part of the family. A fenced in yard is a must to make sure Rocky gets enough exercise and to keep him safe as well.

Rocky has been neutered, fully vaccinated, heartworm tested negative, and up to date on frontline and heartworm prevention. With an approved application, Rocky's adoption fee is \$85.00. If you are interested in Rocky you can contact Jessica at jessica_adams147@yahoo.com for an application. Rocky is fostered in Richmond, Ky.

Our featured Adoptable Cats “Mario and Luigi ”



Mario and Luigi are male Siamese flamepoint mixes that are estimated to be 2 years old as of Jan. 2012. They love attention and love to talk to you (what Siamese doesn't?) Mario and Luigi are very affectionate and would be great for any family. We would love to keep these beautiful brothers together, so we are doing a “two for one” special making their adoption fee \$75 for the both of them. Both are neutered and up to date on vaccines as well as combo tested negative for FIV and FeLV. If you are interested in Mario and Luigi you can contact Jamie at j.bratcher@yahoo.com for an application.

HSALL Partners with the Richmond Petsmart

The Humane Society A.L.L. is proud of its partnership with the Richmond Petsmart. Please stop by the Adoption Center inside the Richmond Petsmart to see many of our great cats available for adoption. HSALL thanks Petsmart for their wonderful support of our organization and many animal welfare organizations around the country. Over 5 million great pets have found homes through the Petsmart Adoption program.

We are also in **need of volunteers** to help at our Petsmart location. Please contact us by emailing us at info@humanesocietyall.com or calling **Cassandra at 859-358-6255** . Thank you!!

Become A Member of Humane Society Animal League

Membership Form		
Name		
Address		
City	State	Zip
Home Phone		Work Phone
Fax		E-Mail
TYPES OF MEMBERSHIP		
<input type="checkbox"/> individual \$15 annually	<input type="checkbox"/> life membership \$250 (one time)	
<input type="checkbox"/> family \$25 annually	<input type="checkbox"/> memorial \$ _____	
<input type="checkbox"/> business \$50 annually	<input type="checkbox"/> donation \$ _____	
<input type="checkbox"/> corporate \$200 annually		
Comments		

Please mail membership / donation forms to:

Humane Society A.L.L of Madison County
P.O. Box 2094
Richmond, Kentucky 40476-2094

Thank You!



A HUGE SHOUT OUT TO ALL OUR WONDERFUL VOLUNTEERS! WE
THANK OUR FOSTER PARENTS,
OUR SPONSORS, OUR BOARD MEMBERS, OUR ADOPTION
CENTER AND PETSMART VOLUNTEERS AND ALL THOSE "BEHIND
THE SCENES" WORKING TO HELP OUR HOMELESS
ANIMALS HERE IN MADISON COUNTY. *THANK YOU!!!!*

Upcoming Date to Remember



**JUNE 30, 2012– GOLF TOURNAMENT–
BATTLEFIELD GOLF COURSE, RICHMOND, KY**
Check our website for additional information as June approaches!

Zumbathon “Move Your Paws” 2012 is a huge success!

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Rocky, one of our adoptable dogs, is admiring the donations gathered during the 2012 Zumbathon held at White Hall Elementary. This event, held on April 15th, had a large number of attendees. Price of admission was a bag of dog or cat food or litter. Two of our adoptable animals, Rocky and Telly, were brought up on stage to be introduced to the crowd. Kammy Popiwczak told their stories and how the Humane Society A.L.L.'s homeless pets benefit from the public's support. A huge "THANK YOU!" to all who attended, to White Hall Elementary, and to Zumba Fitness for their generosity!

TELLY



ZUMBATHON 2012



Why does HSALL...

- Spay or neuter all pets before offering them for adoption
- Promote spaying and neutering on website and at events
- Offer discount spay/neuter vouchers to Madison County Residents
- Provide Trap/Neuter/Release for feral cats
- Promote education of the public regarding spay/neuter?

BECAUSE...

30 million puppies and kittens are born in the United States each year. Out of these:

- 6 million end up in shelters, half of these are put to death.
- 50% of feral kittens die. Many of these are the result of feral cats breeding with intact housecats.
- 5-10 million stray dogs and cats live on the streets; many die of starvation and disease.
- Over 1.5 million dogs are stolen each year; only 10 percent get reunited with their owners. Many stolen dogs are used for research, fighting or puppy mills.

PLEASE SPAY AND NEUTER YOUR PETS TO STOP THIS CYCLE!

Euthanasia Death Toll

(from Oct 27, 2001 to May 12, 2012 7:30 pm EST)



36,629,853

provided by Pet-Abuse.Com



CHECK OUT OUR WEBSITE FOR CURRENT INFORMATION AT:

www.humanesocietyall.com

To join or remove your name from our mailing list, please let us know at :

newsletter@humanesocietyall.com

Your comments and suggestions are greatly appreciated. Please share this e-newsletter with your family and friends. We thank you for your support!